

# January Lunch Menu

Monday 4th	Tuesday 5th	Wednesday 6th	Thursday 7th
<p>Chicken Rice and beans Israeli salad Fruit</p> 	<p>Pizza Sliced veggies Fruit</p> 	<p>Chicken nuggets Fries Corn Fruit</p> 	<p>Pizza Sliced veggies Fruit</p> 
Monday 11th	Tuesday 12th	Wednesday 13th	Thursday 14th
<p>Fish sticks Rice Salad Fruit</p> 	<p>Pizza Sliced veggies Fruit</p> 	<p>Plain Pasta Meatballs Fruit</p> 	<p>Pizza Sliced veggies Fruit</p> 
Monday 18th	Tuesday 19th	Wednesday 20th	Thursday 21st
<p>Plain pasta Marinara sauce Cheese sticks Salad</p> 	<p>Pizza Sliced veggies Fruit</p> 	<p>Chicken nuggets Fries Corn Fruit</p> 	<p>WINTER BREAK <b>NO SESSION</b></p> 
Monday 25th	Tuesday 26th	Wednesday 27th	Thursday 28th
<p>WINTER BREAK <b>NO SESSION</b></p>	<p>WINTER BREAK <b>NO SESSION</b></p>	<p>WINTER BREAK <b>NO SESSION</b></p>	<p>WINTER BREAK <b>NO SESSION</b></p>
			

# January Lunch Menu

## UPK Daily Breakfast Menu: Mon-Fri

**Options:**

Milk  
Yogurt  
Fresh Fruits



**Cereals:**

Corn Flakes  
Corn Pops  
Rice Krispies  
Cheerios



**Cookies:**

Chocolate Chip  
Oatmeal  
Graham Crackers



## UPK FRIDAY MENU

**Friday 1st**

NEW YEAR'S  
**NO SESSION**



**Friday 8th**

Cheese sandwich  
Sliced veggies  
Fresh fruits



**Friday 15th**

Cheese sandwich  
Sliced veggies  
Fresh fruits



**Friday 22nd /29th**

WINTER BREAK  
**NO SESSION**

